



**Delta School District**

*Inspired Learning*

Delta Access Online Learning School

## Psychology 12

### COURSE OUTLINE

#### Overview

The field of Psychology involves the study of human thinking and behavior. Psychology is an important part of many career areas such as medicine, law, business, social work, teaching, and forensics, to name a few. Basically any job that involves interacting with people can be better performed with a good understanding of basic human behavior. Enrich the quality of your life by learning to understand the actions of others (and sometimes even yourself)! Topics include the study of memory, intelligence, emotion, health, stress and personality.

Psychology 12 can be taken as a continuation of the study of Psychology after Psychology 11 or taken as a stand alone course.

**Prerequisites:** Psychology 11 is helpful for background but not mandatory. An avid interest in human behavior and its explanations is integral to success in this course.

### COURSE CONTENT AND TIMELINE

The timelines suggested are based on a 10 month Fall course from September to June. Timelines should be adjusted based on each students' situation. Students will work through the eight units of Psychology 12 as follows:

#### **Unit 1: How We Learn (4 weeks)**

Learning Objectives:

Upon completion of this unit, you will be able to:

- Understand what learning is and how it differs from instincts and reflexes.
- Examine the theory of classical conditioning.
- Investigate operant conditioning and its real world applications.
- Discuss social learning, including modeling and vicarious conditioning.
- Learn the PQ4R technique for learning.

## UNIT 1 Assignments

Assignment	Type	Score
How We Learn: Unit Text Questions	Homework	10 points
How We Learn: Online Psychology Lab Questions	Homework	10 points
Unit 1 Discussion Assignment 1	Discussion	5 points
Unit 1 Discussion Assignment 2	Discussion	5 points
Unit 1 Quiz – How We Learn	Quiz	15 points

## Unit 2: Memory & Thought (4 weeks)

### Learning Objectives:

Upon completion of this unit, you will be able to:

- Learn about the different types of memory.
- Discuss how memories are formed, stored, and recalled.
- Examine the various types of information that are stored in memory.
- Investigate common memory failures and disorders.
- Discuss the accuracy of memory.

## UNIT 2 Assignments

Assignment	Type	Score
Memory & Thought: Unit Text Questions	Homework	10 points

Memory & Thought: Online Psychology Lab Questions	Homework	10 points
Unit 2 Discussion Assignment 1	Discussion	5 points
Unit 2 Discussion Assignment 2	Discussion	5 points
Unit 2 Quiz – Memory & Thought	Quiz	15 points

### **Unit 3: Thinking & Language (4 weeks)**

#### Learning Objectives:

Upon completion of this unit, you will be able to:

- Examine what thinking is and how we categorize situations and objects in our minds.
- Investigate how we problem solve and some obstacles that we may encounter in doing so.
- Discuss inductive and deductive reasoning, including how they differ from each other.
- Look at the elements of language and meaning.
- Understand more about the relationship between thinking and language.

#### **UNIT 3 Assignments**

<b>Assignment</b>	<b>Type</b>	<b>Score</b>
Thinking & Language: Unit Text Questions	Homework	10 points
Thinking & Language: Online Psychology Lab Questions	Homework	10 points
Unit 3 Discussion Assignment 1	Discussion	5 points
Unit 3 Discussion Assignment 2	Discussion	5 points
Unit 3 Quiz – Thinking & Language	Quiz	15 points

### **Unit 4: Intelligence (4 weeks)**

#### Learning Objectives:

Upon completion of this unit, you will be able to:

- Learn what intelligence is and why defining this human aspect is difficult.
- Examine different tests that are used to measure intelligence.
- Discuss how psychologists have approached the understanding of intelligence.
- Investigate the possibility of multiple intelligences.
- Discuss the effects of heredity and environment on the development of intelligence.

#### **UNIT 4 Assignments**

<b>Assignment</b>	<b>Type</b>	<b>Score</b>
Intelligence: Unit Text Questions	Homework	10 points
Intelligence: Online Psychology Lab Questions	Homework	10 points
Unit 4 Discussion Assignment 1	Discussion	5 points
Unit 4 Discussion Assignment 2	Discussion	5 points
Unit 4 Quiz – Intelligence	Quiz	15 points

#### **Psychology 12 Midterm Exam (2 weeks prep and writing)**

##### **Learning Objectives:**

Upon completion of this unit, you will be able to:

- Review information acquired and mastered from this course up to this point.
- Take a course exam based on material from the first four units in this course (Note: You will be able to open this exam only one time.)

#### **MIDTERM Assignments**

<b>Assignment</b>	<b>Type</b>	<b>Score</b>
Psychology 2 Midterm Exam	Exam	<b>50 points</b>
Midterm Discussion Assignment	Discussion	5 points

## **Unit 5: Motivation & Emotion (4 weeks)**

### Learning Objectives:

Upon completion of this unit, you will be able to:

- Learn what motivation is and how primary and secondary needs affect motivation.
- Examine the five different perspectives which seek to explain motivation.
- Discuss how intrinsic and extrinsic motivation affect our components of emotions.
- Learn what emotions and moods are, including the three components of emotions.
- Investigate the physical and psychological relationship that comprises emotion.

### **UNIT 5 Assignments**

<b>Assignment</b>	<b>Type</b>	<b>Score</b>
Motivation & Emotion: Unit Text Questions	Homework	10 points
Motivation & Emotion: Online Psychology Lab Questions	Homework	10 points
Unit 5 Discussion Assignment 1	Discussion	5 points
Unit 5 Discussion Assignment 2	Discussion	5 points
Unit 5 Quiz – Motivation & Emotion	Quiz	15 points

## **Unit 6: Stress & Health (4 weeks)**

### Learning Objectives:

Upon completion of this unit, you will be able to:

- Learn more about the history of health psychology.
- Examine some common causes of stress and their effects on individuals.
- Discuss the general adaptation syndrome and the effects that this has.
- Investigate the four types of conflicts that individuals experience.
- Explore ways of coping with and managing stress.

## UNIT 6 Assignments

Assignment	Type	Score
Stress & Health: Unit Text Questions	Homework	10 points
Stress & Health: Online Psychology Lab Questions	Homework	10 points
Unit 6 Discussion Assignment 1	Discussion	5 points
Unit 6 Discussion Assignment 2	Discussion	5 points
Unit 6 Quiz – Stress & Health	Quiz	15 points

## Unit 7: Personality & Individuality (4 weeks)

### Learning Objectives:

Upon completion of this unit, you will be able to:

- Learn what personality is.
- Discuss Freud's three models of personality.
- Investigate how cognition and thought affect personality.
- Learn what personality traits and types are and how psychologists have used these concepts to study personality consistency.
- Examine the person-centered approach and how other people help shape personality.

## UNIT 7 Assignments

Assignment	Type	Score
Personality & Individuality: Unit Text Questions	Homework	10 points
Personality & Individuality: Online Psychology Lab Questions	Homework	10 points
Unit 7 Discussion Assignment 1	Discussion	5 points

Unit 7 Discussion Assignment 2	Discussion	5 points
Unit 7 Quiz – Personality & Individuality	Quiz	15 points

## **Unit 8: Abnormal Psychology (4 weeks)**

### Learning Objectives:

Upon completion of this unit, you will be able to:

- Understand what abnormal psychology is and how it differs from normal psychology.
- Examine the criteria used to identify abnormal psychology and mental disorders.
- Learn about the two major classification systems.
- Discuss anxiety, mood, personality, and somatoform disorders.
- Learn about psychotic disorders and how they differ from other psychological disorders.

### **UNIT 8 Assignments**

<b>Assignment</b>	<b>Type</b>	<b>Score</b>
Abnormal Psychology: Unit Text Questions	Homework	10 points
Abnormal Psychology: Online Psychology Lab Questions	Homework	10 points
Unit 8 Discussion Assignment 1	Discussion	5 points
Unit 8 Discussion Assignment 2	Discussion	5 points
Unit 8 Quiz – Abnormal Psychology	Quiz	15 points

## **Psychology 12 Final Exam (2- 3 weeks prep and writing)**

### Learning Objectives:

Upon completion of this unit, you will be able to:

- Review information acquired and mastered from this course up to this point.

- Take a course exam based on material from units five to eight in this course – the last four units. (Note: You will be able to open this exam only one time.)

## **FINAL Assignments**

<b>Assignment</b>	<b>Type</b>	<b>Score</b>
Psychology 2 Final Exam	Exam	<b>50 points</b>
Class Reflection Discussion Assignment	Discussion	10 points

## **Course Materials**

No textbook is required. Course content is delivered on our Moodle platform by videos, online links, online labs, text readings, text and critical thinking question and interactive discussion forums.

## **Additional Websites**

Access to youtube (for video clips) is necessary for the completion of this course. Online labs may require you to download Adobe Flash Player for a successful and interactive experience. This is a safe and free download from the Adobe site.

## **Assessment Information**

<b>Unit 1</b>	<b>10%</b>
<b>Unit 2</b>	<b>10%</b>
<b>Unit 3</b>	<b>10%</b>
<b>Unit 4</b>	<b>10%</b>
<b>Unit 5</b>	<b>10%</b>
<b>Unit 6</b>	<b>10%</b>
<b>Unit 7</b>	<b>10%</b>
<b>Unit 8</b>	<b>10%</b>
<b>Midterm Exam</b>	<b>10%</b>
<b>Final Exam</b>	<b>10%</b>

## **Quizzes**

Each unit contains a final quiz. These are online quizzes written on the course website. Each unit quiz is worth 15 marks and is in a multiple choice format. The quizzes are designed as an assessment for students to demonstrate understanding of the course content and curricular objectives. Each quiz is password protected and must be taken



under the supervision of Delta Access Staff. Please refer to the Delta Access website ([www.deltaaccess.ca](http://www.deltaaccess.ca)) and click on the Book a Test? Tab for information on how to book a sitting for a unit quiz.

### **Text Questions**

Each unit has a set of text questions that must be submitted. These text questions contain two parts – one set of straight forward knowledge based text questions and one set of critical thinking questions. In order to successfully complete both sets of questions all the readings and viewing of the video clips included for the unit must be completed. Text questions and critical thinking questions should be submitted in one document (Microsoft word or pdf format) and should contain detailed answers and insights. These questions should be either submitted in a question-answer format (where the question is written above the detailed answer) or answered in enough detail that it is evident what question was asked. Evidence from the readings and videos should be used whenever possible in the questions. Point form answers are not permitted.

Please remember when submitted your documents for assessment to BOTH upload the document to the assignment submission box and THEN submit it so that it can be properly assessed. Each set of questions is marked out of 10 points.

### **Labs**

Each unit has an online, interactive lab that must be completed. Once/as the lab is completed there are a set of questions that must be answered in detail about the experience with the lab. The lab for each unit is tied directly to the topic of the unit. It is expected that the lab questions are submitted with detailed answers that are tied to the content of the unit and your experience with the online lab. As with the text questions, questions can be submitted in a question-answer format, or in sufficient detail that it is clear what questions was asked. Point form answers are not permitted.

Please remember when submitted your documents for assessment to BOTH upload the document to the assignment submission box and THEN submit it so that it can be properly assessed. Each lab is marked out of ten points.

### **Forum Discussions**

Each of the eight units finishes with two discussion topics. The discussion topics are an opportunity to apply the content of the unit to your own personal experience and reflect on your learning and how it applies to your own life. Discussions should be one to two fully developed paragraphs that demonstrate evidence of the student applying specific aspects of the unit to personal experience. Each discussion is marked out of 5 points, although the final exam discussion is marked out of 10 points. Although there are no “right answers” students are marked based on their ability to apply the concepts of the unit in a thoughtful and in-depth manner.

## **REPORTING**

### **Progress Reports**

These be sent to both students and parents through the Moodle website approximately every second week. These reports are sent via email and are based on information provided on course introduction forms filled out. Please make sure you Moodle profile is up to date with this information to ensure these are received. If you need assistance with this, please contact your teacher to help you make sure are getting these reports.

### **Report Cards**

These will be issued for students in late November, January, March, June and early August to meet the needs of post secondary admissions. Students needing marks for post secondary must complete the course within the guidelines provided by teachers so their marks are uploaded for transcripts. These reports are available for Delta School District students on our student management system. For those not attending one of our high schools, please call our Continuing Education office at 604-940-5550 to receive a copy.

Only students who have done enough work to meet the activity requirement for the course will get report cards by the term deadlines outlined by their teachers. Even if you are getting progress reports you are not considered an active (official student) until this activity requirement is met. For this course the initial assignment must be submitted and assessed for the activity requirement to be met.

Course reports are initially based on only what has been. At a designated point in the course (your teacher will alert you), all missing assignments will count in grade calculations giving students a realistic picture of current course standings. It is important when viewing report cards and progress reports up until this point that the amount of the course completed is taking into consideration. (ie. 90% standing in a course that is only 10% complete is very different than 90% in a course that is 80% complete).

### **Plagiarism**

#### **Plagiarism and Academic Dishonesty**

*Plagiarism is the unauthorized use or close imitation of the language and thoughts of another author and the representation of them as one's own original work, as by not crediting the author* (Dictionary.com) <http://dictionary.reference.com/browse/plagiarism>

Plagiarism can be done either intentionally or accidentally. Regardless, it is an academic offence that carries with it varying levels of consequences – from a mark of zero for work submitted to expulsion from the course and/or on-line program. Plagiarism takes various forms: copying another’s work, not citing another’s original work, cutting and pasting from the internet and claiming the work as your own, allowing other students to copy and submit your work as their own, and so on. It is YOUR RESPONSIBILITY to be aware of the rules around using and citing other people’s work.

An excellent website that answers questions about plagiarism can be found at:

<http://www.plagiarism.org/>

<http://www.grammarly.com/>

<http://www.englishclub.com/writing/plagiarism.htm>

<http://australianhelp.com/plagiarism>

If you are uncertain as to whether you may be plagiarizing someone’s work, check with your teacher or consult the many websites that outline the rules.

If a student is found to have submitted plagiarized occurrences of plagiarism will likely result in a final mark of “Failure” in the specific on-line course.

### **Contacting your Teacher**

The teacher for this course, Dhana Matthews, can be contacted either through the messaging system within the course site or via email directly. For a quicker response, a direct email to [dmatthews@deltasd.bc.ca](mailto:dmatthews@deltasd.bc.ca) is preferable. At any time if you have questions or are struggling on an assignment please contact me immediately. Most responses will be read and responded to within 48 hours and responses will most often occur in the evening hours.

If you have any concerns that can not be addressed by your teacher please contact Delta Access – [deltaaccess@deltasd.bc.ca](mailto:deltaaccess@deltasd.bc.ca) or call 604-599-6398