



Psychology 11

COURSE OUTLINE

Overview

The field of Psychology involves the study of human thinking and behavior. Psychology is an important part of many career areas such as medicine, law, business, social work, teaching, and forensics, to name a few. Basically any job that involves interacting with people can be better performed with a good understanding of basic human behavior. Enrich the quality of your life by learning to understand the actions of others (and sometimes even yourself)! Topics include an introduction to the study of Psychology, Research and Ethics, Infancy and Childhood, Adolescence, Adulthood and Aging, Brain, Body and Behavior, Sensation and Perception, and States of Consciousness.

Psychology 11 can be taken in conjunction with Psychology 12 or taken as a stand alone course.

Prerequisites: An avid interest in human behavior and its explanations is integral to success in this course.

COURSE CONTENT AND TIMELINE

The timelines suggested are based on a 10 month Fall course from September to June. Timelines should be adjusted based on each students' situation. Students will work through the eight units of Psychology 11 as follows:

Unit 1: Personal Psychology Begins (4 weeks)

Learning Objectives:

Upon completion of this unit, you will be able to:

- Describe the role of psychologists and how they differ from psychiatrists
- Explain the importance of psychology, including its history
- Compare six current psychological perspectives
- Understand the origins and subfields of psychology

UNIT 1 Assignments

Assignment	Type	Score
Personal Psychology Begins: Unit Text Questions	Homework	10 points
Personal Psychology Begins: Online Psychology Lab Questions	Homework	10 points
Unit 1 Discussion Assignment 1	Discussion	5 points
Unit 1 Discussion Assignment 2	Discussion	5 points
Unit 1 Quiz: Personal Psychology Begins	Quiz	15 points

Unit 2: Research and Ethics in Psychology (4 weeks)

Learning Objectives:

Upon completion of this unit, you will be able to:

- State reasons psychologists do research, and list the steps of the scientific method
- Define theory and hypothesis, and explain how the two concepts are related
- Explain how researchers undertake surveys and distinguish between correlation and cause and effect, as well as understand how researchers do experiments, and state the pros and cons of experimental studies
- Describe naturalistic studies, and identify their advantages and drawbacks
- Describe case studies, and list their uses and limitations
- State how researchers analyze data, test hypotheses, and communicate results and identify ethical guidelines for the conduct of psychological research

UNIT 2 Assignments

Assignment	Type	Score
Research and Ethics in Psychology: Unit Text Questions	Homework	10 points
Research and Ethics in Psychology: Online Psychology Lab Questions	Homework	10 points
Unit 2 Discussion Assignment 1	Discussion	5 points
Unit 2 Discussion Assignment 2	Discussion	5 points
Unit 2 Quiz: Research and Ethics in Psychology	Quiz	15 points

Unit 3: Infancy and Childhood (4 weeks)

Learning Objectives:

Upon completion of this unit, you will be able to:

- Describe longitudinal and cross-sectional studies, and explain the nature-nurture debate
- Outline physical developments that occur during the prenatal period, infancy, and childhood
- Identify Piaget's stages of cognitive development, explain assimilation and accommodation, and describe how infants and children develop language
- List Erickson's stages of psychosocial development, and explain the roles of temperament and parenting style in emotional and social development
- Understand Kohlberg's stages of moral reasoning, and explain why Kohlberg's theory may have gender and cultural biases

UNIT 3 Assignments

Assignment	Type	Score
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Infancy and Childhood: Unit Text Questions	Homework	10 points
Infancy and Childhood: Online Psychology Lab Questions	Homework	10 points
Unit 3 Discussion Assignment 1	Discussion	5 points
Unit 3 Discussion Assignment 2	Discussion	5 points
Unit 3 Quiz: Infancy and Childhood	Quiz	15 points

Unit 4: Adolescence (4 weeks)

Learning Objectives:

Upon completion of this unit, you will be able to:

- Define adolescence, and describe how different experts view this stage of life; as well as the physical changes that occur and the possible consequences of early or late maturation
- Identify cognitive and moral developments that typically occur during adolescence
- Define identity, and describe Marcia's states of identity formation
- Explain how social relationships normally change during adolescence, and describe peer pressure
- Identify risk behaviors that many adolescents adopt, and explain how adolescents may learn behaviors from other teens
- Name mental health problems that are relatively common in adolescents and identify warning signs of suicide; list protective factors for adolescents and explain how the factors relate to self-esteem and resilience

UNIT 4 Assignments

Assignment	Type	Score
Adolescence: Unit Text Questions	Homework	10 points
Adolescence: Online Psychology Lab Questions	Homework	10 points

Unit 4 Discussion Assignment 1	Discussion	5 points
Unit 4 Discussion Assignment 2	Discussion	5 points
Unit 4 Quiz: Adolescence	Quiz	15 points

Psychology Midterm Exam (2 weeks prep and writing)

Learning Objectives:

Upon completion of this unit, you will be able to:

- Review information acquired and mastered from this course up to this point.
- Take a course exam based on material from the first four units in this course (Note: You will be able to open this exam only one time.)

MIDTERM Assignments

Assignment	Type	Score
Psychology Midterm Exam	Exam	50 points
Midterm Discussion Assignment	Discussion	5 points

Unit 5: Adulthood and Aging (4 weeks)

Learning Objectives:

Upon completion of this unit, you will be able to:

- Define adulthood, and outline psychological theories of adult development.
- Identify life challenges and physical changes of young adulthood, and list strategies for making young adulthood the best it can be.
- State how people choose spouses, why couples divorce, and how divorce affects couples and their children.

- Identify physical changes and life challenges of middle adulthood, and list strategies to make middle age a great age.
- Describe physical and cognitive changes of late adulthood, and list strategies for making late adulthood healthy and happy.
- Explain how people come to accept their own death or the death of a loved one.

UNIT 5 Assignments

Assignment	Type	Score
Adulthood and Aging: Unit Text Questions	Homework	10 points
Adulthood and Aging: Online Psychology Lab Questions	Homework	10 points
Unit 5 Discussion Assignment 1	Discussion	5 points
Unit 5 Discussion Assignment 2	Discussion	5 points
Unit 5 Quiz: Adulthood and Aging	Quiz	15 points

Unit 6: Brain, Body, and Behavior (4 weeks)

Learning Objectives:

Upon completion of this unit, you will be able to:

- Distinguish between the central and peripheral nervous systems, and identify their functions
- Describe the structure of neurons, and explain how neurons carry nerve impulses
- Distinguish between the parts of the brain, and identify their functions
- Explain how scientists study the structure and function of the brain
- Understand the endocrine system, and explain how the hypothalamus provides a link between the nervous and endocrine systems
- Explain how psychologists study the influences of heredity and environment on psychological traits

UNIT 6 Assignments

Assignment	Type	Score
Brain, Body, and Behavior: Unit Text Questions	Homework	10 points
Brain, Body, and Behavior: Online Psychology Lab Questions	Homework	10 points
Unit 6 Discussion Assignment 1	Discussion	5 points
Unit 6 Discussion Assignment 2	Discussion	5 points
Unit 6 Quiz: Brain, Body, and Behavior	Quiz	15 points

Unit 7: Sensation and Perception (4 weeks)

Learning Objectives:

Upon completion of this unit, you will be able to:

- Describe how humans sense stimuli
- Explain how perception differs from sensation
- Outline aspects of visual perception, such as depth perception
- Describe the nature of subliminal messages
- Define extrasensory perception

UNIT 7 Assignments

Assignment	Type	Score
Sensation and Perception: Unit Text Questions	Homework	10 points
Sensation and Perception: Online Psychology Lab Questions	Homework	10 points

Unit 7 Discussion Assignment 1	Discussion	5 points
Unit 7 Discussion Assignment 2	Discussion	5 points
Unit 7 Quiz: Sensation and Perception	Quiz	15 points

Unit 8: States of Consciousness (4 weeks)

Learning Objectives:

Upon completion of this unit, you will be able to:

- Define consciousness and altered states of consciousness
- Describe the sleep cycle, and explain why humans need sleep
- State the nature of dreams, and list possible reasons that people dream
- Describe hypnosis, meditation, and biofeedback
- Identify categories of psychoactive drugs, and describe their effects

UNIT 8 Assignments

Assignment	Type	Score
States of Consciousness: Unit Text Questions	Homework	10 points
States of Consciousness: Online Psychology Lab Questions	Homework	10 points
Unit 8 Discussion Assignment 1	Discussion	5 points
Unit 8 Discussion Assignment 2	Discussion	5 points
Unit 8 Quiz: States of Consciousness	Quiz	15 points

Psychology Final Exam (2 – 3 weeks preparation and writing)

Learning Objectives:

Upon completion of this unit, you will be able to:

- Review information acquired and mastered from this course up to this point.
- Take a course exam based on material from units five to eight in this course – the last four units. (Note: You will be able to open this exam only one time.)

FINAL Assignments

Assignment	Type	Score
Psychology Final Exam	Exam	50 points
Class Reflection Discussion Assignment	Discussion	10 points

Course Materials

No textbook is required. Course content is delivered on our Moodle platform by videos, online links, online labs, text readings, text and critical thinking question and interactive discussion forums.

Additional Websites

Access to youtube (for video clips) is necessary for the completion of this course. Online labs may require you to download Adobe Flash Player for a successful and interactive experience. This is a safe and free download from the Adobe site.

Assessment Information

Unit 1	10%
Unit 2	10%
Unit 3	10%
Unit 4	10%
Unit 5	10%
Unit 6	10%
Unit 7	10%

Unit 8	10%
Midterm Exam	10%
Final Exam	10%

Quizzes

Each unit contains a final quiz. These are online quizzes written on the course website. Each unit quiz is worth 15 marks and is in a multiple choice format. The quizzes are designed as an assessment for students to demonstrate understanding of the course content and curricular objectives. Each quiz is password protected and must be taken under the supervision of Delta Access Staff. Please refer to the Delta Access website (www.deltaaccess.ca) and click on the Book a Test? Tab for information on how to book a sitting for a unit quiz.

Text Questions

Each unit has a set of text questions that must be submitted. These text questions contain two parts – one set of straight forward knowledge based text questions and one set of critical thinking questions. In order to successfully complete both sets of questions all the readings and viewing of the video clips included for the unit must be completed. Text questions and critical thinking questions should be submitted in one document (Microsoft word or pdf format) and should contain detailed answers and insights. These questions should be either submitted in a question-answer format (where the question is written above the detailed answer) or answered in enough detail that it is evident what question was asked. Evidence from the readings and videos should be used whenever possible in the questions. Point form answers are not permitted.

Please remember when submitted your documents for assessment to BOTH upload the document to the assignment submission box and THEN submit it so that it can be properly assessed. Each set of questions is marked out of 10 points.

Labs

Each unit has an online, interactive lab that must be completed. Once/as the lab is completed there are a set of questions that must be answered in detail about the experience with the lab. The lab for each unit is tied directly to the topic of the unit. It is expected that the lab questions are submitted with detailed answers that are tied to the content of the unit and your experience with the online lab. As with the text questions, questions can be submitted in a question-answer format, or in sufficient detail that it is clear what questions was asked. Point form answers are not permitted.

Please remember when submitted your documents for assessment to BOTH upload the document to the assignment submission box and THEN submit it so that it can be properly assessed. Each lab is marked out of ten points.

Forum Discussions

Each of the eight units finishes with two discussion topics. The discussion topics are an opportunity to apply the content of the unit to your own personal experience and reflect on your learning and how it applies to your own life. Discussions should be one to two fully developed paragraphs that demonstrate evidence of the student applying specific aspects of the unit to personal experience. Each discussion is marked out of 5 points, although the final exam discussion is marked out of 10 points. Although there are no “right answers” students are marked based on their ability to apply the concepts of the unit in a thoughtful and in-depth manner.

REPORTING

Progress Reports

These be sent to both students and parents through the Moodle website approximately every second week. These reports are sent via email and are based on information provided on course introduction forms filled out. Please make sure you Moodle profile is up to date with this information to ensure these are received. If you need assistance with this, please contact your teacher to help you make sure are getting these reports.

Report Cards

These will be issued for students in late November, January, March, June and early August to meet the needs of post secondary admissions. Students needing marks for post secondary must complete the course within the guidelines provided by teachers so their marks are uploaded for transcripts. These reports are available for Delta School District students on our student management system. For those not attending one of our high schools, please call our Continuing Education office at 604-940-5550 to receive a copy.

Only students who have done enough work to meet the activity requirement for the course will get report cards by the term deadlines outlined by their teachers. Even if you are getting progress reports you are not considered an active (official student) until this activity requirement is met. For this course the initial assignment must be submitted and assessed for the activity requirement to be met.

Course reports are initially based on only what has been. At a designated point in the course (your teacher will alert you), all missing assignments will count in grade calculations giving students a realistic picture of current course standings. It is important when viewing report cards and progress reports up until this point that the amount of the course completed is taking into consideration. (ie. 90% standing in a course that is only 10% complete is very different than 90% in a course that is 80% complete).

Plagiarism

Plagiarism and Academic Dishonesty

Plagiarism is the unauthorized use or close imitation of the language and thoughts of another author and the representation of them as one's own original work, as by not crediting the author (Dictionary.com) <http://dictionary.reference.com/browse/plagiarism>

Plagiarism can be done either intentionally or accidentally. Regardless, it is an academic offence that carries with it varying levels of consequences – from a mark of zero for work submitted to expulsion from the course and/or on-line program.

Plagiarism takes various forms: copying another's work, not citing another's original work, cutting and pasting from the internet and claiming the work as your own, allowing other students to copy and submit your work as their own, and so on. It is YOUR RESPONSIBILITY to be aware of the rules around using and citing other people's work.

An excellent website that answers questions about plagiarism can be found at:

<http://www.plagiarism.org/>

<http://www.grammarly.com/>

<http://www.englishclub.com/writing/plagiarism.htm>

<http://australianhelp.com/plagiarism>

If you are uncertain as to whether you may be plagiarizing someone's work, check with your teacher or consult the many websites that outline the rules.

If a student is found to have submitted plagiarized occurrences of plagiarism will likely result in a final mark of "Failure" in the specific on-line course.

Contacting your Teacher

The teacher for this course, Dhana Matthews, can be contacted either through the messaging system within the course site or via email directly. For a quicker response, a direct email to dmatthews@deltasd.bc.ca is preferable. At any time if you have questions or are struggling on an assignment please contact me immediately. Most responses will be read and responded to within 48 hours and responses will most often occur in the evening hours.

If you have any concerns that can not be addressed by your teacher please contact Delta Access – deltaaccess@deltasd.bc.ca or call 604-599-6398